

RESULTS: WOMEN

PLACE: WOMEN	NAME	BIB	SWIM	BIKE	RUN	FINISH	OVERALL PLACE (M/F combined)	PLACE: M/F A/G (only 1st,2nd,3rd)
1	Cassie Nobbs	166	7:02	32:48	24:54	1:04:44	5	1 st F 35-39
2	Jessica Hayden-Spear	168	8:06	32:13	25:57	1:06:16	8	1 st F 25-29
3	Angela Jahns	164	8:33	32:04	26:05	1:06:42	10	1 st F 30-34
4	Jessica Hudec	169	10:00	33:45	24:05	1:07:50	12	1 st F 20-24
5	Katie Choate	167	9:18	39:32	22:27	1:11:17	15	1 st F 15-19
6	Dana Pelton	176	11:01	41:23	32:12	1:24:39	20	2 nd F 20-24
7	Brianne Culley	174	11:49	44:59	36:00	1:32:48	21	3 rd F 20-24
8	Shauna LaDue	199	9:22	57:39	33:21	1:40:22	22	2 nd F 15-19
9	Joni Hawthorne	198	12:44	53:27	36:36	1:42:47	23	1 st F 40-44

RESULTS: MEN

PLACE: MEN	NAME	BIB	SWIM	BIKE	RUN	TOTAL	PLACE OVERALL (M and F Combined)	PLACE: M/F A/G (only 1 st ,2 nd ,3 rd)
1	Kelly Jahns	175	6:32	26:59	22:36	56:07	1	1 st : M 30-34
2	Nick Wallace	155	5:57	30:23	20:07	56:27	2	1 st : M 15-19
3	Ian MacDougall	171	9:12	31:45	20:26	1:01:23	3	2 nd : M 15-19
4	Ben Lilley	170	5:33	36:03	20:28	1:02:04	4	3 rd : M 15-19
5	Matt Beal	159	6:50	37:50	20:09	1:04:49	6	15-19
6	Ross MacDougall	172	8:08	35:08	22:06	1:05:22	7	15-19
7	Shawn Thorstad	162	8:49	32:20	25:21	1:06:32	9	1 st M 40-44
8	Andy Stetzler	173	5:26	38:02	23:38	1:07:06	11	1 st M 20-24
9	Kevin Nielsen	165	11:02	35:28	23:43	1:10:13	13	1 st M 25-29
10	Chris Eckert	200	8:17	42:51	19:05	1:10:13	14	2 nd M 20-24

11	Lee Plourde	161	8:54	38:54	26:24	1:14:12	16	1 st M 50-54
12	Jim Shelton	177	10:48	35:12	34:16	1:20:16	17	1 st M 55-60
13	Blake Pelton	184	11:01	41:23	32:12	1:21:54	18	2 nd M 25-29
14	Adam Michels	160	6:00	41:23	36:26	1:23:49	19	15-19